



Indian Nature Cure Practitioners Association (INPA)

Annual Report

for the year 2021-2022

Introduction:

: Few nature cure practitioners had been feeling the need for organising profession of naturopathy in the light of modern research in health services. To establish this drugless therapy among common man it was essential to promote education and training in natural Therapeutics. It was need of the hour to modify or improve in the old forms of the diagnosis techniques and modalities for treatments in nature cure system. In this scenario INPA as an organisation of Nature Cure Practitioners came into existence in the year 1973 at Lucknow where an all India conference of Naturopathy was being held. Its Head Office was made in Delhi and later 'Indian Nature Cure Practitioners Association' (INPA) was got registered under The Societies Registration Act XXI of 1860 in Delhi on 23rd March 1976.

After its registration in Delhi many activities were started. These include starting a college for a three years diploma course in naturopathy, publishing a monthly magazine titled 'स्वास्थ्य और सौंदर्य'. Thousands of persons from all over India joined this association after its formation. INPA also started a Nature Cure Research Clinic at its office. INPA has organised many seminars and conferences in past. to exchange experiences of naturopaths with one another INPA has also raised voice of naturopaths before different authorities of Central or State Governments to get this system included in health mission of the country. This organisation helps setting up new Naturopathy Clinics and inspires young people to learn this art of healing.



Activities during the year:

The pandemic period was not over during this year too. Many restrictions were imposed by the State as well as Central Government. Limited activities conducted during the year are given below-



1. INPA Convener issued a general letter to all the Nature Cure Practitioners and Institutions to share their experiments and research work, if any, done by them during period of disease declared as Covid-19 which has been declared pandemic worldwide. The intention was to disseminate the information and knowledge of natural therapeutics among the common man so that maximum people could apply those techniques in healing process.
2. On 5th May 2021 INPA Convener posted Government's guidelines for Naturopathy Practitioners for Covid-19 through social media to make aware the Naturopath to clear them the role of Naturopathy in management of corona viral infections.
3. A notice was issued by General Secretary to individual members and institution member of INPA on 11th May 2021 to get their membership renewed so that their names could be reflected in website of INPA.
4. On World Environment Day i.e. 5th June 2021 INPA promoted the slogan 'Grow green Go green' on social media to grow and propagate fruits trees. A message was also given for common man to avoid animal based and fire cooked food for health maintenance.
5. 21st of June is celebrated as International Yoga Day worldwide. On this occasion INPA General Secretary gave good wishes to all Nature Cure Practitioners and Nature Cure Lovers on 21st of June 2021 and appealed to its members to celebrate this day by doing yoga at home.
6. On July 15 Dr. Mukesh Kumar Sharma, INPA General Secretary circulated a message highlighting after effects of Corona and advised common man to contact any of the INPA members for natural management of this dreaded disease and its after effects. This consultation was available free of cost.
7. INPA General Secretary has issued a notice to all INPA members on July 30 and August 1, to renew their membership so that their details with INPA could be updated and their particulars may be posted on website for the knowledge of general public.

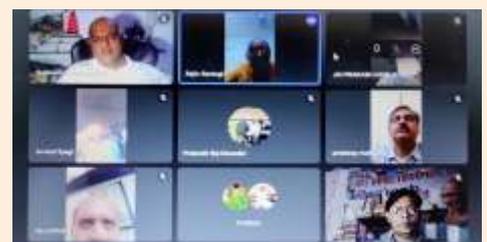


8. INPA Executive Committee held on 14th August 2021 at its office at Nirankari Colony, Delhi to discuss a proposal of Hira Nisargopchar Ashram, Ghaziabad to organise all India conference of Nature Cure Practitioners from 18th to 20th September 2021 at Shri Sachcha Dham Ashram, Hrishikesh U.K. It was further decided to keep Rupees 1100/- as registration fee for the delegates willing to attend this conference. It was unanimously decided that the conference will be jointly organised by INPA and Hira Nisargopchar Ashram wherein few awards in yoga, acupressure and reiki etc. except Gem of Naturopathy award will be conferred to selected naturopaths. It was also decided to call the nominations for awards by 5th of September 2021.
9. On August 19, 2021 INPA Convener Dr. Arvind Kumar Tyagi issued a notice for extension of the last date for submitting nominations for the awards to be given in All India Nature Cure Conference as 10th September 2021 and also fixed date of meeting as 11th September 2021 for deciding the names of awardees.
10. On August 24, 2021 INPA Convener Dr. Arvind Tyagi has launched a Kutumbh App and invited the nature cure practitioners and its followers to join INPA through this app.
11. On 25th of August, 2021 Dr. Prabodh Chandol, Secretary INPA launched an introductory brochure of INPA for distribution the same in ensuing conference at Rishikesh to be held in September 2021.
12. On 28th of August, 2021 National Convener Dr. Arvind Tyagi and National Secretary Dr. Prabodh Chandol launched two videos giving details about National Nature Cure Conference to be organised by INPA in September 2021 and inviting nominations for awards and to give a call to all the Naturopaths to attend said conference.
13. On 6th of September a team of INPA and Hira Nisargopchar Ashram visited Rishikesh to review the preparation of Naturopathy Conference to be held in third week of September. Invitation to few dignitaries including Madam Anita Mamgai, Mayor of Rishikesh and Swami Sunil Bhagat of Swaminarayan Ashram were given for the conference.
14. Select Committee for Awards met on 11th of September to consider all nominations and decided the names of awardees.
15. Dr. Mukesh Kumar Sharma, General Secretary INPA has revised the membership form of INPA for distribution of same among participants of Nature Cure Conference at Rishikesh and posted it on social media on 14th of September 2021.
16. All India Nature Cure Conference has been inaugurated in Sacha Dham Ashram, Rishikesh on 18th of September 2021. Health Walk has been organised on 19th September 2021 in morning which went through the streets of Rishikesh to aware people about naturopathy. On the early morning of concluding day of Nature Cure Conference on 20th September, a '**mud bath camp for all**' was organised at the bank of holy Ganga river. Smt Anita Mamgai, Mayor of Rishikesh and Shri Krishan Kumar Singhal, Ex Minister of Uttarakhand attended the conference and distributed awards and participation certificates. Himalaya and Hindustan Network of Rishikesh has widely covered the Nature Cure Conference during all the three days and published a detailed report in its Network. On 30th September, 2021 Dr. Mukesh Kumar Sharma has released a brief report of Nature Cure Conference.
17. INPA has convened a virtual meeting on topic '**Gandhiji and Prakritik Chikitsa**' on 2nd October 2021 at 3.30 pm through google link <https://meet.google.com/xvh-eiru-pab>
18. In October 2021 Dr. Arvind Tyagi INPA National Convener has appointed Dr. Rakesh Sharma as Convener of Rajasthan, in presence of many other INPA members.



19. A meeting of INPA Executive Committee held on 20th of October 2021 at 368, Nirankari Colony, Delhi wherein issue regarding publication of INPA e-bulletin and other miscellaneous matters were discussed.
20. INPA has conducted few activities a day before the Naturopathy Day falling on 18th of November 2021. To celebrate the Naturopathy Day on the evening of 17th November, first of all the first issue of monthly INPA e-bulletin was launched for distribution among general public through social media. After this a discussion was held on the topic '**Naturopathy is the need of the Hour**'. At last INPA Executive Committee was also held on the same day. People from outside of Delhi also joined these events via link <http://meet.google.com/zuh-tgtn-ebi>.
21. INPA Executive Committee held on 1st December 2021 at its Nirankari Office, Delhi. In this meeting some of the District Conveners of INPA appointed so far have been relieved with immediate effect. It has also been decided in the said meeting that a Directory of Naturopaths be published by INPA so that tentative numbers of naturopaths in India be known. A three member committee consisting of Dr. Rajiv Rastogi, Dr. Arvind Kumar Tyagi and Mukesh Kumar Sharma has been constituted to decide the modus-operandi to publish this Directory.
22. On 3rd December 2021 articles on naturopathy, news and other informations related to yoga and naturopathy etc. were invited through Social media and Kutumb App for publishing the same in INPA e-Bulletin.
23. On 20th January 2022 a google form has been launched to collect data from Naturopaths for the Directory proposed to be published by INPA.
24. INPA has organised a virtual seminar on 4th of February 2022 from 7 to 8 pm on 'World Cancer Day'. Dr. Rajiv Rastogi, Editor INPA E-Bulletin and also Vice President of INPA was the main speaker on this occasion. People joined this talk via google link <http://meet.google.com/vih-hcub-aaa>.
25. A team of INPA consisting of Dr. Arvind Kumar Tyagi, Dr. Rajiv Rastogi, Dr. Hira Lal Meena, Dr. Prabodh Chandol and Dr. S N Mishra went to meet Swami Sunil Bhagat at Swaminarayan Ashram, Sheesham Jhadi, Rishikesh to chalk out programme to open a Nature Cure Wellness Centre in collaboration with Swami Narayan Ashram on 12th and 13th February 2022. INPA Team and Swami Sunil Bhagat also visited Neer village in Uttarakhand to explore possibility of starting Nature Wellness Center there. The points of MOU in between Swaminarayan Ashram and INPA were discussed to establish the Centre.
26. Central Executive Committee of INPA held at its Administrative Office at Nirankari Colony, Delhi on 27th February, 2022. After observing the activities at national level, it was decided to relieve all the State and District Conveners with immediate effect. New Conveners will be appointed soon.
27. INPA was formed in the year 1973. As such 49th establishment day of INPA was celebrated in a Hall of Gandhi Hindustani Sahitya Sabha, New Delhi on 20th of March 2022. A seminar on Naturopathy has been organised wherein the main speaker was Dr. S.M. Thakur, ex officer of CCRYN. Among others Dr. Rajiv Rastogi, Dr. Vibhuti Narayan Mishra, Dr. Arvind Tyagi, Dr. Mukesh Sharma, Dr. B.K. Gupta, Dr. Subhash Saxena and Dr. Prabodh Chandol etc. have expressed their views.
At last INPA Select Committee and General Body meeting held wherein INPA Central Executive Committee was reconstituted on the same day i.e. 20.03.2022. The names included in the Present Executive Committee of INPA are – Subhash Chand Jain, President; Arvind Kumar Tyagi, Convener; Rajiv Rastogi, Vice-President; Prabodh Raj Chandol, General Secretary; Mukesh Kumar Sharma, Secretary; Pradeep Malhotra, Member; Hira Lal Meena, Member; Omnath Mishra, Member; Tapankumar Bhattacharya, Member.
28. During the year membership number 1225 to 1242 have been allotted to the members under following categories:

a. Life Members:	-	12
b. Three year Members:	-	06



Report prepared by:
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